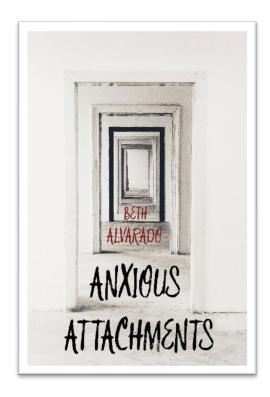


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Autumn House Press is pleased to announce the upcoming release of Beth Alvarado's essay collection, *Anxious Attachments*.

Alvarado's essays explore the writer's personal struggles—from quitting heroin to caring for premature infants to tending to the dying—and become a lens through which she allows readers to see our shared social and political lives. As a larger narrative, the book is about the power of compassion and our ability to revise who we are, what we believe, and what our story is.

Of the collection writer Aisha Sabatini Sloan says, "Alvarado's gorgeous essays evoke the fluidity and awe of an underwater journey. She offers us a tour of grief—its causes, its cultural conditions, its grasp. In delineating, with devotion, with humor, losses that are at once ordinary and extraordinary, material and supernatural, she offers the reader a chance to better see what's right in front of them."



List Price: \$17.95

ISBN: 978-1-938769-38-2 Genre: Nonfiction Essays Publication Date: March 2019

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About the Author: Beth Alvarado is the author of three books: *Anxious Attachments, Anthropologies: A Family Memoir*, and *Not a Matter of Love and other stories*. Beth lived in the Sonoran Borderlands for much of her life and now resides in Oregon. Her essays and stories have been published in many fine journals including *Guernica, The Sun, River Teeth, Cimarron Review, Third Coast,* and *Ploughshares*. Her essays have twice been chosen as Notable by *Best American Essay*.

Please look for *Anxious Attachments* at your local bookstore, on our website, or through our distributor The University of Chicago Press. If you are interested in reviewing the book or scheduling an interview or reading with the author, please don't hesitate to email me, cstroud@autumnhouse.org.

Best, Christine Stroud Editor in Chief

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